Riga Cycling School Individual Time Trial Competition

I. General Information

- 1. The Riga Cycling School Individual Time Trial Competition (hereinafter Competition) is organized to develop and promote the sport of cycling and to attract young people to active sports activities.
- 2. The goal of the Competition is to determine the best cyclists in their respective age groups.
- 3. The Competition is organized by Riga Cycling School (hereinafter RCS). The person responsible for the Competition: Artūrs Kozulis, +371 27116720, akozulis@edu.riga.lv.
- 4. The Competition is officiated by licensed referees from the Latvian Cycling Federation.
- 5. The Competition follows the regulations of the UCI (Union Cycliste Internationale).
- 6. The competition regulations (hereinafter Regulations), start times, and results will be published on the RCS website: www.veloskola.lv.

II. Competition Venue and Time

- 7. The Competition will take place on April 30, 2025, at the Biķernieki Sports Complex, Riga, Sergeja Eizenšteina Street 4.
 - 7.1. 15:00-15:45 distribution of timing chips (participant numbers);
 - 7.2. 15:45 team representatives' meeting;
 - 7.3. 16:00 start of the Competition.

III. Participants, Registration, and Conditions

8. The Competition is open to National Federation-licensed athletes (hereinafter – Participants) in the following age groups:

Age Group	Birth Year	Gender	Bike Type	Distance
U10*	2015 - 2017 Boys,	Girls	MTB	1 lap – 5.5 km
U10*	2015 - 2016 Boys,	Girls	Road	1 lap – 5.5 km
U12	2013 - 2014 Boys,	Girls	Road	1 lap – 5.5 km
U14	2011 - 2012 Boys,	Girls	Road	2 laps – 11 km
U16	2009 – 2010 Youth	(Boys, Girls)	Road	2 laps – 11 km
U18	2007 – 2008 Junion	rs (Boys, Girls)	Road	2 laps – 11 km
U23	2003 – 2006 Men,	Women	Road	2 laps – 11 km

Athletes born in 2016 and 2017 may participate without a license until April 28, 2025, by submitting a valid insurance policy or a copy of it via email: akozulis@edu.riga.lv.

- 9. Pre-registration is required at **bulta.lv/rrs** by **April 28, 2025, 23:59**. Later registrations will not be accepted.
- 10. Participants will start according to the official start list.

- 11. Live race results will be available at **www.fotofiniss.lv**.
- 12. Gear restrictions for road bikes:
 - o U10, U12, U14 maximum gear ratio: **6.40 m**
 - o U16 maximum gear ratio: **7.70 m**
 - U18 and U23 **no restrictions**
- 13. Parents, guardians, or the institution representing the Participant are responsible for their health and fitness. Participants aged 18 and above are responsible for themselves.
- 14. Timing chips and participant numbers must be returned at the end of the race. A €5 penalty applies for loss or failure to return them.
- 15. Participants must wear a **fastened helmet** and follow **traffic safety rules** on the course.
- 16. Cutting the course or riding without a helmet will result in **disqualification**.
- 17. Participants must not interfere with others or influence race results.
- 18. **Doping control** may be conducted.
- 19. Organizers reserve the right to modify the Regulations (e.g., due to weather, track conditions) with updates announced on www.veloskola.lv.
- 20. By participating, individuals agree to the processing of their personal data but may opt out of public disclosure. Photos/videos may be published on the RCS website, print media, TV recordings, and live broadcasts.
- 21. Organizers are **not responsible** for injuries or health issues during the Competition.

IV. Participation Fee

- 22. The participation fee for all age groups is €10.00.
- 23. Payment must be made via **bank transfer**. To receive an invoice, send payer details to **rrsk@riga.lv** by **April 27, 2025**:
 - o **Individuals:** Full name, personal code, address, bank account number, email for invoice.
 - o **Organizations:** Name, registration number, legal address, bank account number, email for invoice.
- 24. RCS students participate for free.
- 25. **No refunds** will be issued.

V. Awards

26. Winners in each age group will receive medals and prizes.